LISD School Health Advisory Council April 18, 2018

Agenda Item:	Discussion:	Action:	Follow Up By/Date:
Call to Order at 7:11 p.m. by Melanie Vincelette			
Review of Minutes for November 15, 2017	Approval of minutes Motion to approve - Rene Marts- second	Minutes approved-unanimous	
NEW BUSINESS	 LISD Nurses all trained in "Stop the Bleed" Goal to have the teachers and staff at all campuses trained in "Stop the Bleed" in SY 2018-19. 	Informational Only	Fall 2018 by Melanie Vincelette
	 Evaluating medical response team scope; increase training for teams Go Red was successful 21 Day Challenge Improved enrollment this year to- over 5,000 	Informational Only Informational Only Informational Only	Fall 2018 by Melanie Vincelette

 participants with 1800 completing final survey 4 Campuses received \$500 incentive for having 35% participation: Ethridge, Prairie Trail, Morningside, & Highland Village Career Center East Graphic Design class students won the Recipe Book contest and receive \$1500 Dale Jackson AV class made 'how to make healthy snacks' 		
 healthy snacks' videos at TCHS Membership for SY 2018-19 	Applications were made available to committee	Membership Applications will be made available through
	members returning to serve SY 2018-19	LISD social media and posted on campus websites due back by June 15, 2018.

OLD BUSINESS	Consider candidates for committee chair for SY 2018-19 Think about who we might want to nominate Not too much outside time required Will discuss next meeting		May 9th - nominations for committee chair
Sub-Committees: Human Sexuality	Aims for Success, Choosing the Best and HealthSmart all gave 15 minute presentations	Sub-committee members reviewed and evaluated each of the 7th grade Human	A review of the subcommittee findings will be presented to LISD Leadership Team and
District Wellness Plan	reviewing their educational product. After both subcommittee and general committee discussion, a motion was made by Gala Langley to continue with the current curriculum for the next 2 years and sub committee will remain in tact with ongoing discussion. Seconded by LB Siebenmann Vote: motion passed unanimously	Sexuality programs presented.	presented in the SHAC annual update to the School Board Fall 2018.

	Committees want to consider adding sexting and social media content. The existing video will continue to be shown; still valuable info and opens the door for meaningful conversation. Also show information in a consistent and factual way. No bias or variety of delivery. Thanks so much to committee, Sarah Durant, and Jennifer Beimer's team for their work on this search.	
Mental Health	The delivery of mental health lessons in secondary schools is either streamed in via pre-recorded video of counselors (leaving untrained teachers to answer questions) OR lessons taught by teachers who get the material from counselors late, are not trained in the content. While the intent is sincere, it leaves much to be desired. Need to be more proactive to	

mental health and less reactive. At the basis of mental health is		
also nutrition related and that needs to be a piece that is addressed.		
Many campuses are working on exercise and nutrition to prevent mental health issues.		
Middle school has a real need for more focus on lessons from counselors.	Look into options for delivery of counseling lessons at MS	M Crow Fall 2018
Study halls and study hall time could be used more effectively. Lessons need to be taught by staff that are more experienced in the areas covered.		
Counselors have many responsibilities.		
Committee members stated that counselors offer book studies for parents, but that a digital library for resources (such as videos, articles, etc.) for various mental health topics would be beneficial	See if this is a possibility.	M Crow/Technology Fall 2018

Adjourned at 8:14 p.m.	Next Meeting: May 9	
	May 9	